



NOTE: All information is confidential except that which Paul is legally obligated to report, such as the threat to injure yourself or others. The more detail you offer about your goals the more help Paul can be.

Name _____ Date of birth _____ Sex _____

Address _____ City _____ State _____ Zip _____

Work # _____ Home # _____ Cell # _____ E-mail _____

Emergency Contact Phone: _____ Secondary Phone: _____

Why are you pursuing hypnosis? _____

When and under what circumstances did this issue begin? _____

How has this affected your life and what specifically about your issue is leading you to seek help?

What other kinds of therapies have you tried? _____

Previous experience with hypnosis, meditation, guided imagery or progressive relaxation? ___ yes ___ no

If yes please explain _____

How did you hear about Burlington Hypnosis? Website Google Facebook Twitter Other

Have you watched the introduction to hypnosis video? Y N

Under psychological care? ___ yes ___ no If yes please explain _____

Please rate all that apply: 0= no problem 1= minimal 2= occasional 3= frequent

___ Depression ___ Anger ___ Anxiety ___ Hopelessness ___ Crying ___ Fatigue

___ Nightmares ___ Phobia ___ Worry ___ Self-injury ___ Insomnia ___ PTSD

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Terms & Conditions

NOTE: Terms hypnotist/hypnotherapist/practitioner are used interchangeably in following document.

1. Paul Gustafson RN CH has reviewed the scope of his hypnosis/hypnotherapy practice and I give my full consent to receiving hypnosis/hypnotherapy sessions by Paul in today's session and in any future sessions.
2. I understand that results vary and that the Paul does not guarantee results or how you may experience hypnosis/hypnotherapy session(s).
3. I understand that hypnosis/hypnotherapy is not a replacement for medical, psychological or psychiatric services or counseling and on rare occasion hypnosis/hypnotherapy can exacerbate some psychological conditions.
4. I understand that Paul does not treat, prescribe or diagnose medical or psychological condition(s).
5. I understand that the Paul is a facilitator/practitioner of hypnosis/hypnotherapy and is not practicing any other profession that requires a license under the laws of the state of Massachusetts.
6. I understand that I am free to terminate sessions at any time.
7. I have agreed to participate in each session to the best of my ability.
8. I have accurately provided pertinent background information.
9. I understand that anything I discuss with Paul will remain confidential and private.
10. I agree to pay for services on or before each session unless other arrangements have been made in writing. I understand that all prepaid sessions must be used within 90 days from initial visit.

Notice: THE STATE OF MASSACHUSETTS HAS NOT ADOPTED ANY EDUCATION OR TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. Under Massachusetts law a hypnotist/hypnotherapist may not provide a diagnosis or recommend a discontinuance of medically prescribed treatments. If you desire a diagnosis or any other type of treatment from a different practitioner, then you may seek such services at any time. You have the right to know the expected duration of treatment, and may assert any right without retaliation.

24 hr notice for missed appointments \$75 fee for missed appointments \$75 fee for bounced checks

I have read understand and accept Terms and Conditions: Yes No

Client name (print): _____

Signature: _____ Date: _____
(Parent or guardian if under 18 years of age)